

















MAY 2024



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pickleball/Tennis ~ Zeunert 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Open Paint 	2 FIRESIDE 9:00 Foot Clinic 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	3 Pickleball/Tennis ~ Zeunert 9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot 
6 9:00 Mahjongg 10:00 Tai Chi 11:00 Medicare Monday 1:00 Bingo 1:00 Chorus 	7 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge 	8 Pickleball/Tennis ~ Zeunert 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Open Paint	9 9:00 Foot Clinic 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot 	10 MSO TRIP Pickleball/Tennis ~ Zeunert 9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot 
13 9:00 Mahjongg 10:00 Tai Chi 12:45 Crafters 1:00 Chorus 	14 10:00 Fitness with Focus 10:00 Mahjongg 11:00 Card Making Event 1:00 - 3:15 Bridge	15 Pickleball/Tennis ~ Zeunert Brewers 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Open	16 9:00 Foot Clinic 9:00 Mindfulness Class 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 	17 Pickleball/Tennis ~ Zeunert 9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot 
20 9:00 Mahjongg 10:00 Tai Chi 1:00 Bingo 1:00 Chorus 	21 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge 	22 Pickleball/Tennis ~ Zeunert 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Open	23 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	24 Pickleball/Tennis ~ Zeunert 9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 11:00 Living Options Program 12:45 Hand & Foot
27  Happy Memorial Day! The Senior Center and Dining Site will be CLOSED TODAY.	28 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge	29 Pickleball/Tennis ~ Zeunert 10:00 Tai Chi 10:30 FYWB-Bone Health 12:30 Sheepshead 1:00 Watercolor ~ Cancel 1:30 Sr. Games Walk & Dessert Social 	30 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot 1:00 John Katzka; Hot Spots Program 	31 Pickleball/Tennis ~ Zeunert 9:00 Bear Class 9:00 Sr. Games Pickleball 9:30 Chair Yoga 12:45 Hand & Foot 