

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
Join us to learn about local Civil War era history, including the role of Irish immigrants. Learn about the Iron Brigade and the Lady Elgin Disaster. Presented by Joel Willems, Director of Cedarburg History Museum on Friday, March 22nd from 11:00-12:00 here at the Senior Center. Please call to RSVP to 262-375-7644 for planning purposes.				9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot
9:00 Mahjongg 10:00 Tai Chi 11:00 Medicare Specialist 12:45 Bingo 1:00 Chorus	5 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge	6 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Les T.	7 8:30 Fireside-Fiddler 9:00 Foot Clinic 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot
11 9:00 Mahjongg 10:00 Tai Chi 1:00 Crafters 1:00 Chorus	12 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge	13 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Les T.	14 9:00 Foot Clinic 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot
18 9:00 Mahjongg 10:00 Tai Chi 12:45 Bingo 1:00 Chorus	19 10:00 Fitness with Focus 10:00 Mahjongg 1:00 - 3:15 Bridge	20 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Les T.	9:00 Foot Clinic 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	22 9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 11:00 Irish History Program 12:45 Hand & Foot
9:00 Mahjongg 10:00 Tai Chi 1:00 Crafters 1:00 Chorus	26 10:00 Fitness with Focus 10:00 Mahjongg 1:00 Estate Plan Program 1:00 - 3:15 Bridge	27 10:00 Tai Chi 12:30 Sheepshead 1:00 Watercolor ~ Les T.	9:00 Mindfulness Class 10:00 Fitness with Focus 11:00 Qigong/Tai Chi 12:45 Hand & Foot	9:00 Bear Class 9:30 Pickleball 9:30 Chair Yoga 12:45 Hand & Foot