














January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Happy New Year!	3 10:00 Fitness With Focus 10:00 Mahjongg 1:00 Bridge	4 10:00 Tai Chi 1:00 Watercolor w/Les T. 1:00 Sheephead	5 9:00 Foot Clinic 10:00 Fitness with Focus 12:45 Canasta 	6 9:00 Bear Class 9:30 Pickleball/Tennis 9:30 Chair Yoga 12:45 Hand & Foot
9 9:00 Mahjongg 10:00 Tai Chi 1:00 Crafters 1:00 Chorus	10 10:00 Fitness With Focus 10:00 Mahjongg 1:00 Bridge	11 10:00 Tai Chi 1:00 Watercolor w/Les T. 1:00 Sheephead 	12 9:00 Foot Clinic 10:00 Fitness with Focus 12:45 Canasta	13 9:00 Bear Class 9:30 Pickleball/Tennis 9:30 Chair Yoga 12:45 Hand & Foot 
16 9:00 Mahjongg 10:00 Tai Chi 12:45 Bingo 1:00 Chorus 	17 10:00 Fitness With Focus 10:00 Mahjongg 1:00 Bridge 	18 10:00 Tai Chi 1:00 Watercolor w/Les T. 1:00 Sheephead	19 9:00 Foot Clinic 10:00 Fitness with Focus 11:30 TRAVEL SHOW 12:45 Canasta 	20 9:00 Bear Class 9:30 Pickleball/Tennis 9:30 Chair Yoga 12:45 Hand & Foot
23 9:00 Mahjongg 10:00 Tai Chi 1:00 Crafters 1:00 Chorus 	24 10:00 Fitness With Focus 10:00 Mahjongg 1:00 Bridge	25 10:00 Tai Chi 1:00 Watercolor w/Les T. 1:00 Sheephead 	26 10:00 Fitness with Focus 12:45 Canasta 	27 9:00 Bear Class 9:30 Pickleball/Tennis 9:30 Chair Yoga 11:00 For Your Well-Being 12:45 Hand & Foot 
30 9:00 Mahjongg 10:00 Tai Chi 12:45 Bingo 1:00 Chorus 	31 10:00 Fitness With Focus 10:00 Mahjongg 1:00 Bridge			SATURDAY JANUARY 28TH 8:30 Depart for Fireside Piano Men